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# ADAMS NERVINE ASYLUM

1895

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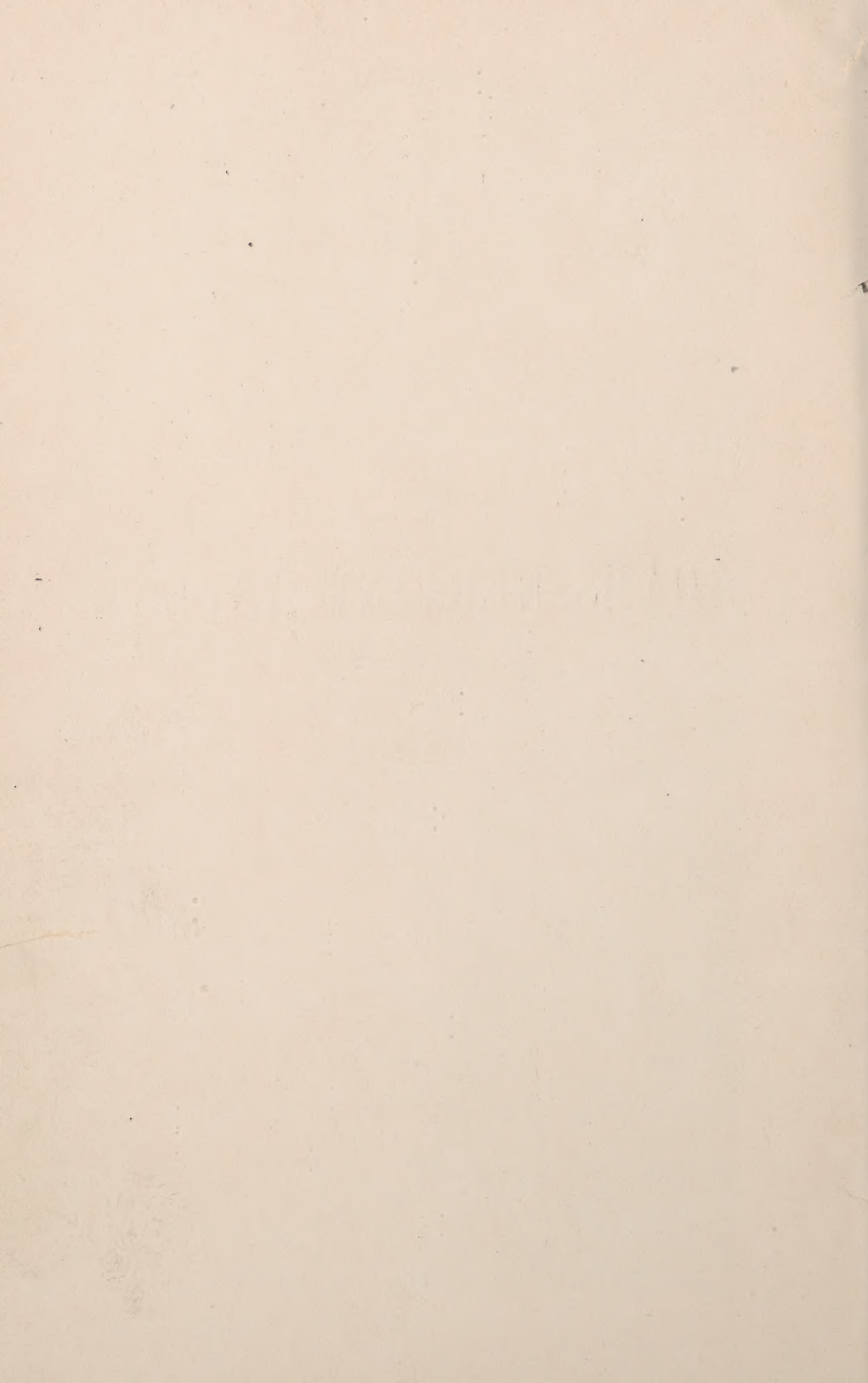




HOUSE FOR MEN

ADAMS NERVINE ASYLUM

1895





THE ADAMS NERVINE ASYLUM, situated on Centre Street, at Jamaica Plain, was founded by the will of Seth Adams, late of Newton, who died Dec. 7, 1873, "for the benefit of such indigent, debilitated, nervous people, who are not insane, inhabitants of the Commonwealth of Massachusetts, as may be in need of the benefit of a curative institution." It is also authorized by its charter (St. 1877, c. 55) to receive and care for persons not indigent, who may be otherwise suitable for treatment in its institution, on payment of reasonable compensation for such treatment, the amount of which is to be determined by its Managers.

Patients were first received in April, 1880, in the dwelling house purchased by the Asylum and known as the Weld House.

The offices of the Asylum are in this building, and it contains several large rooms for female patients.

In December, 1880, a new building of stone and wood, erected from plans made by J. Pickering Putnam, architect, was opened for female patients.

Since the Asylum was opened and until April 30, 1895, 1,142 patients have been admitted, of whom 297 were discharged as recovered, 541 as relieved, 270 not relieved, 7 died, and 27 remained in the Asylum. Of the 1,142 patients admitted, 338 were free patients, and 804 paid in part or fully the expenses which were incurred for them. The amount received from patients has been about 31 per cent of the expenses.

The estate of the Asylum has a frontage of 1,800 feet on Centre Street, and comprises over 16 acres, in the most attractive part of the suburbs, with beautiful lawns and trees, and adjoins and overlooks the grounds of the Arnold

Arboretum, a part of the park system of the city of Boston. The views from nearly all the rooms of the different buildings are quite extensive, and special attention has been given to secure ample sunshine.

Rooms fitted specially for baths of various kinds, including hot air, vapor, and douche, are provided. Massage, light gymnastics, and carriage exercise are employed in appropriate cases.

Applications for the admission of female patients have always largely exceeded those for men, and provision has not been made until recently for male patients.

A building for their use was completed in May, 1895. This building has been planned and erected under the personal care of H. M. Stephenson, architect. The rooms for patients are large and sunny, and provided with open fire places. There are cheerful and attractive parlors and billiard room, ample halls and bathrooms, and wide piazzas on three sides of the building.

There is a grove of attractive size in the Asylum grounds, a short distance from this building.

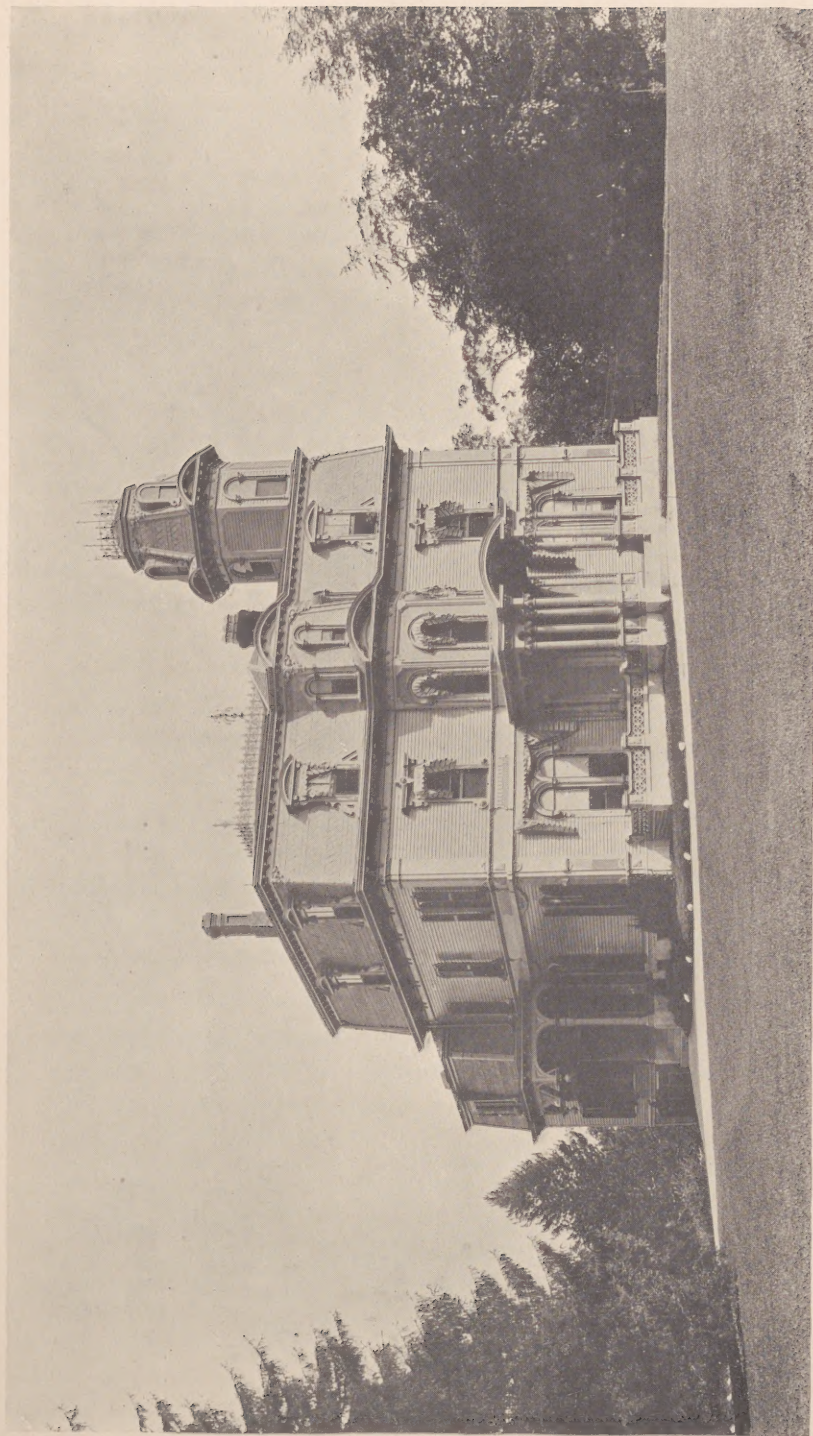
Rooms are now provided for thirty female patients and twelve male patients.

Views of the principal buildings are submitted. The Asylum has also a Nurses' Building, with rooms for twelve nurses, and a Laundry Building, in which are boilers for heating the adjoining buildings, and rooms for servants.

No insane person, and no one who is not an inhabitant of Massachusetts, can be received as a patient.

Both free and paying patients are received. The rates for paying patients are fixed by the Managers, having reference to the circumstances of the patient and his or her family. If a free bed or a rate of charges less than twenty-five dollars per week is desired, full information must be





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furnished as to the means of the patient and his or her relatives.

Patients able to pay full rates are charged from twenty-five to fifty dollars per week.

The rates charged are intended to cover all necessary expenses, except clothing, or, in rare cases, special attendance.

The medical treatment is directed according to the needs of the patient, irrespective of the amount of payment.

Applications for admission should be made to the Resident Physician of the Adams Nervine Asylum, Jamaica Plain, Mass., who will furnish the printed form to be used for the purpose. A certificate will be required from the attending physician, that the patient is suffering from disease of the nervous system, and is not insane, and that, in his opinion, the patient can be cured or materially benefited by treatment at the Asylum.

The Asylum has telephone connections.

The nearest railroad station is the Jamaica Plain station of the Providence Division of the New York, New Haven & Hartford Railroad, where public carriages are in attendance. The Asylum is a short walk (half a mile) from the Jamaica Plain electric cars, stopping at the soldiers' monument.

In addition to the bequests of its founder, it has received bequests from Mrs. Caroline P. Adams, the widow of the founder, Mrs. Elizabeth W. Gay, and Mr. Moses Wildes, 2d, and a gift from Mr. Charles Wells Cook.

The physician's residence was built from funds given by Mrs. Adams.

It is hoped that other benefactors may become interested in the Asylum and add to its funds, as its needs are constantly increasing, and larger good would result from increased endowment.



## WILL OF THE FOUNDER.

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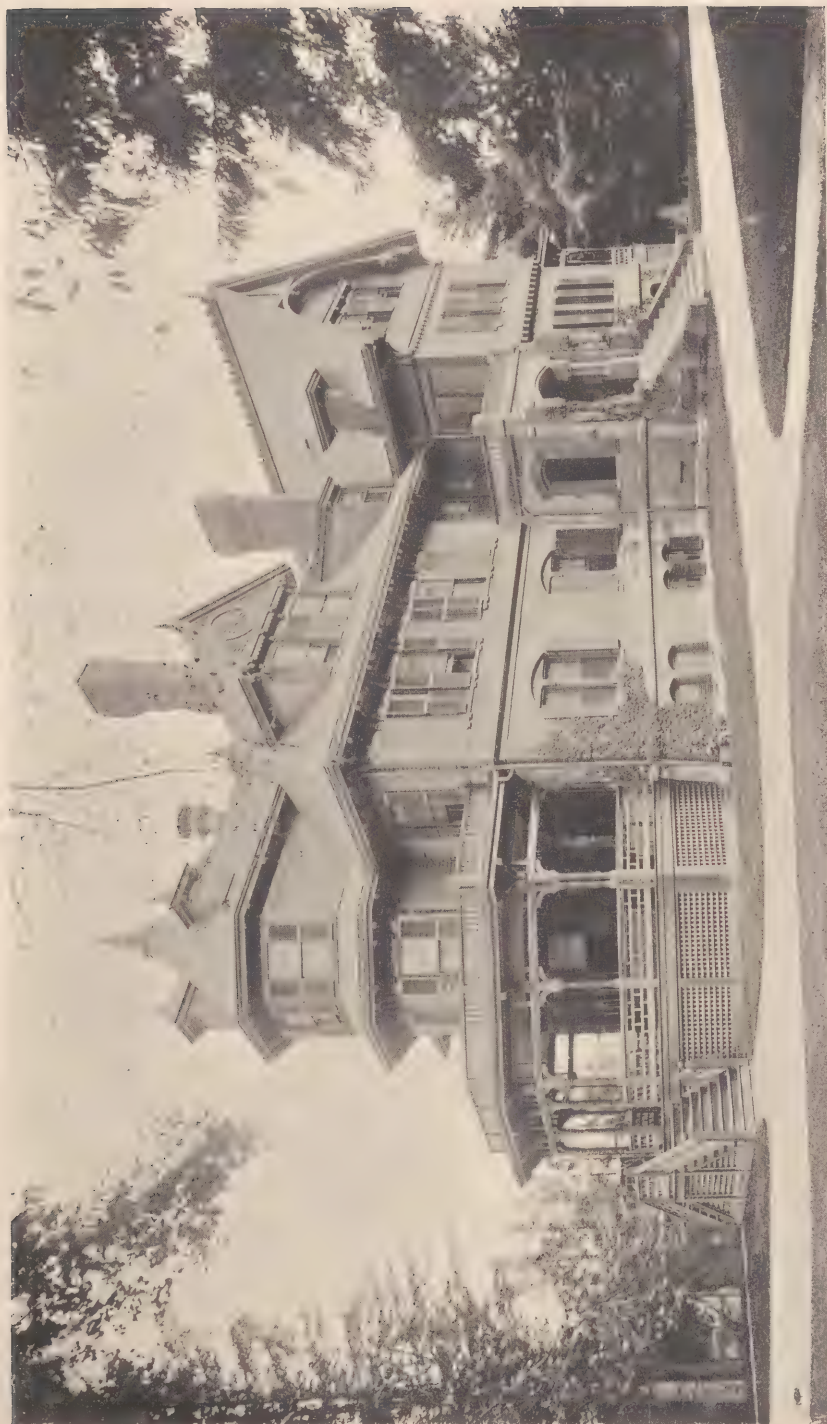
THE following is the residuary clause of the will of Seth Adams (which was executed Feb. 15, 1872) : —

I give, devise, and bequeath to my said executors, and the survivors or survivor of them, their successors in said trust, their heirs and assigns, forever, all the rest and residue of my estate and property, whether real, personal, or mixed, and wherever or however situated, of which I shall die seised or possessed, including any or all of the foregoing bequests, which may lapse, if any, in trust, for the following uses and purposes, viz.: the same is to constitute a perpetual fund, the net income of which is to be managed and dispensed by a corporation to be established for the benefit of such indigent, debilitated, nervous people, who are not insane, inhabitants of the Commonwealth of Massachusetts, as may be in need of the benefit of a curative institution, in the following manner, viz.: my said executors and trustees, with such others as they may associate with them, shall, as soon after my decease as practicable, obtain from the government of said Commonwealth authority to organize and act as a corporation under the title of "The Adams Nervine Asylum" for the legitimate purposes of this bequest.

Said curative institution shall be established in the Roxbury district, or in one of the towns of West Roxbury, Brookline, Brighton, Newton, or Watertown, in said Commonwealth, and shall be distant not more than fifteen miles from said city of Boston, and shall comprise not less than ten acres of land. And chief curative principles relied on shall be the "movement cure," hot and cold bathing, good air, gymnastic and other exercises, with great attention to diet, genial association, and religious exercises. The architectural style of the buildings of said institution shall be plain, substantial, and simple, and great attention shall be paid to convenience, comfort, good-sized rooms, and good air.

When any person or persons, receiving the benefit of this institution, shall have so far recovered their health, or when, for any other reason, it is deemed advisable by said managers to discharge them, they shall do so, and admit others in their stead.

Said corporation shall be composed of my said executors and trustees and their successors, and the persons associated with them in the act



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of incorporation, of such persons as may at any legal meeting be nominated and elected members by ballot, of such persons as shall at one time pay to the trustees as an addition to the fund hereby created the sum of one hundred dollars or more, each; and also of such persons as pay into said fund the sum of twenty-five dollars, as an initiation fee, together with an annual subscription of three dollars; said last-mentioned persons to be considered members while they shall continue the payment of said annual subscription of three dollars, and no longer.

Whenever any one of the trustees of this fund and corporation shall die or resign, or from any cause become incompetent to perform this trust, another trustee in his stead shall be elected by ballot at a legal meeting of said corporation, duly notified for the purpose; but no person so elected shall have power or authority to act as trustee of said fund until approved by some probate court in said Commonwealth, or a corresponding jurisdiction.

The officers of said corporation shall consist of the aforesaid trustees under my will, and their successors, a president and vice-president, a treasurer, a secretary, a medical professional man, and a board of not less than nine managers; also of three supervisors, whose duty it shall be to examine into the affairs of said corporation as often as once in three months, and to report the general result of such examination through two of the leading newspapers of said Boston annually.

All the officers of said corporation, other than the trustees, the manner of whose election is mentioned above, are to be elected annually by ballot at a legal meeting of said corporation called for the purpose.

And my said executors and trustees are hereby requested and directed to dispose of and convey, by proper deed or deeds, under seal or otherwise, any and all property and estate of which I shall die seised or possessed, as soon after my decease as may be by them deemed wise; and after paying the legacies hereinbefore given, to prudently invest the residue and hold it in trust, and pay the net income thereof to the treasurer of said corporation semi-annually, to be held by him subject to be disposed of by regular legal action of said corporation for the purpose of establishing and carrying on said "Adams Nervine Asylum" in said Commonwealth.

Said fund, together with any accumulation thereof, to be reinvested as often as the same may be proper, and the net income to be used as aforesaid, forever; I meaning by "accumulation" any money or property received from contributions or otherwise.

## ACT OF INCORPORATION.

[CHAP. 55 OF THE ACTS OF THE YEAR 1877.]

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### AN ACT TO INCORPORATE THE ADAMS NERVINE ASYLUM.

*Be it enacted, etc., as follows:—*

SECTION 1. John N. Barbour, James C. Davis, Aquila Adams, Emory Washburn, Alpheus Hardy, Samuel Eliot, Charles H. Dalton, James B. Thayer, William Clafin, John E. Tyler, Amor L. Hollingsworth, James Longley, Samuel A. Green, Robert Willard, Caleb William Loring, Samuel D. Warren, Rufus Ellis, Joseph Burnett, Solomon B. Stebbins, Charles F. Choate, their associates and successors, are hereby made a corporation by the name of the Adams Nervine Asylum, for the purpose of establishing and maintaining a hospital to afford care and relief to indigent, debilitated, and nervous persons, inhabitants of this Commonwealth, who are not insane and who may be in need of the benefit of a curative institution, with all the powers and privileges, and subject to all the duties, restrictions, and liabilities set forth in all general laws which now are or may hereafter be in force and applicable to such corporations.

SECT. 2. Said corporation shall have authority to receive, hold, and disburse the income of the fund bequeathed for the purposes for which the said corporation is created by the will of Seth Adams, late of Newton, deceased, and any other donations or bequests which may be made for its benefit, and may hold for the purposes aforesaid real and personal estate to an amount not exceeding three hundred thousand dollars.

SECT. 3. The members of said corporation shall consist of the Trustees under the residuary clause of the will of the said Seth Adams, and their successors, and the persons associated with them in this act of incorporation, of such persons as may at any legal meeting of the corporation be elected members by ballot, of such persons as shall, with the consent of the Board of Managers hereinafter referred to first obtained, pay to the said Trustees, as an addition to the fund held by them for the use of the corporation, the sum of one hundred dollars or more each, and also of such persons as shall, with the consent of the said Board of Managers first obtained, pay into the said fund the sum of twenty-five dollars each, as an initiation fee, and shall thereafter pay and continue to pay into said fund annually in advance the sum of



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three dollars each; the said last-mentioned persons to be members while they shall continue the said annual payment and no longer.

SECT. 4. The officers of said corporation shall consist of the Trustees under the will of the said Seth Adams, and their successors, a President, a Vice-President, a Treasurer, a Secretary, a Physician, a Board of not less than nine Managers, of which the President, Vice-President, Treasurer, and Trustees shall be members, and three Supervisors, who shall examine the affairs of said corporation as often as once in three months, and report the general result of such examination annually in two of the leading newspapers of Boston. All the said officers, except the said Trustees, shall be annually elected by ballot at meetings duly called for the purpose, and whenever a Trustee shall die, resign, or become incompetent to discharge the duties of his trust, a successor shall be elected by ballot at a meeting of the corporation duly called for the purpose; but no person so elected shall have power or authority to act as a Trustee until approved as such by the judge of probate for the county of Middlesex.

SECT. 5. The said institution shall be established in one of the parts of Boston formerly called Roxbury, West Roxbury, and Brighton, in Brookline, in Newton, or in Watertown, and shall be conducted and managed in accordance with the provisions of the will of the said Seth Adams, and with such by-laws as may be adopted by the corporation, not inconsistent therewith.

SECT. 6. The said corporation shall have authority to receive and care for persons not indigent, who may be otherwise suitable for treatment in its institution, at the discretion of its Board of Managers, but shall require the payment to the corporation by such persons of reasonable compensation therefor, the amount of which shall be determined by the Managers.

SECT. 7. This Act shall take effect upon its passage.

*Approved March 16, 1877.*

LIST OF OFFICERS,  
COMMITTEES AND MEMBERS OF THE CORPORATION,  
1895.

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TRUSTEES UNDER THE WILL OF SETH ADAMS.

JAMES C. DAVIS.

HENRY PARKMAN.

CHARLES B. CUMINGS.

OFFICERS OF THE CORPORATION.

PRESIDENT.

HENRY PARKMAN.

VICE-PRESIDENT.

CHARLES B. CUMINGS.

TREASURER.

GEORGE A. GODDARD.

MANAGERS.

The Trustees, President, Vice-President, and Treasurer, *ex officio*, and

HENRY P. BOWDITCH.

JOHN E. HUDSON.

CHARLES S. GILL.

WILLIAM L. RICHARDSON.

CHARLES E. GUILD.

A. DAVIS WELD.

HERBERT L. HARDING.

HENRY WOODS.

SECRETARY.

JAMES C. DAVIS.

PHYSICIAN.

ROBERT T. EDES.

SUPERVISORS.

CHARLES F. ATKINSON.

HAROLD C. ERNST.

GEORGE O. G. COALE.

OFFICERS OF THE ASYLUM.

PHYSICIAN.

ROBERT T. EDES.

ASSISTANT PHYSICIAN.

HORACE FOX.

MATRON.

GRACE H. BARTLETT.

SUPERINTENDENT OF NURSES.

AUGUSTA C. ROBERTSON.





HOUSE FOR MEN



# CONSULTING PHYSICIANS.

CLARENCE J. BLAKE.  
CHARLES F. FOLSOM.  
GEORGE HAVEN.  
FRANCIS MINOT.  
FRANK W. PAGE.

JAMES J. PUTNAM.  
OLIVER F. WADSWORTH.  
J. COLLINS WARREN.  
SAMUEL G. WEBBER.  
MORRILL WYMAN.

# COMMITTEES.

## ON ELECTIONS.

JAMES C. DAVIS.  
HERBERT L. HARDING.  
HENRY S. GREW.

## ON FINANCE.

HENRY WOODS.  
JOHN E. HUDSON.

## ON ADMITTING PATIENTS.

HENRY PARKMAN.  
W. L. RICHARDSON.

## ON ACCOUNTS AND EXPENDITURES.

A. DAVIS WELD.  
HERBERT L. HARDING.  
HENRY P. BOWDITCH.

# VISITING COMMITTEE OF THE MANAGERS.

CHARLES B. CUMINGS,	}	FOR JANUARY AND JULY.
GEO. A. GODDARD,		
JOHN E. HUDSON,	}	FOR FEBRUARY AND AUGUST.
HERBERT L. HARDING,		
HENRY PARKMAN,	}	FOR MARCH AND SEPTEMBER.
W. L. RICHARDSON,		
HENRY WOODS,	}	FOR APRIL AND OCTOBER.
CHARLES E. GUILD,		
JAMES C. DAVIS,	}	FOR MAY AND NOVEMBER.
CHARLES S. GILL,		
HENRY P. BOWDITCH,	}	FOR JUNE AND DECEMBER.
A. DAVIS WELD,		

# VISITING COMMITTEE OF LADIES.

Mrs. A. DAVIS WELD, <i>Chairman.</i>		
Miss EMILY GREENE,	}	FOR JANUARY AND FEBRUARY.
Mrs. CHARLES P. BOWDITCH,		
Mrs. A. DAVIS WELD,	}	FOR MARCH AND APRIL.
Miss L. P. WENDELL,		
Mrs. CHARLES F. DOLE,	}	FOR MAY AND JUNE.
Mrs. GEORGE A. O. ERNST,		
Mrs. HAROLD C. ERNST,	}	FOR SEPTEMBER AND OCTOBER.
Mrs. CHARLES S. GILL,		
Miss FRANCES GOODWIN,	}	FOR NOVEMBER.
Mrs. DAVID S. GREENOUGH,		
Mrs. FRANCIS A. PETERS,	}	FOR DECEMBER.
Miss FRANCES GOODWIN,		



# MEMBERS OF THE CORPORATION.

Miss HANNAH A. ADAM.	CHARLES E. GUILD.
Miss HELEN J. ADAM.	GEORGE S. HALE.
AQUILA ADAMS.	HERBERT L. HARDING.
Miss ELIZABETH L. ANDREW.	ALPHEUS H. HARDY.
CHARLES F. ATKINSON.	Mrs. EDWIN A. HILLS.
JAMES W. AUSTIN.	AMOR L. HOLLINGSWORTH.
Mrs. CHARLES P. BOWDITCH.	JOHN E. HUDSON.
HENRY P. BOWDITCH.	CHARLES E. INCHES.
CHARLES F. CHOATE.	Mrs. HENRY P. KIDDER.
SETH A. CHOATE.	HENRY LEE.
WILLIAM CLAFLIN.	THOMAS L. LIVERMORE.
GEORGE O. G. COALE.	JAMES LONGLEY.
ALEXANDER COCHRANE.	CALEB WILLIAM LORING.
CHARLES WELLS COOK.	Miss LOUISA P. LORING.
EDWARD COWLES.	EDWARD MAY.
JOSEPH B. CROSBY.	Mrs. JOHN H. MORISON.
CHARLES B. CUMINGS.	FRANK W. PAGE.
ELBRIDGE G. CUTLER.	HENRY PARKMAN.
CHARLES H. DALTON.	FRANCIS H. PEABODY.
JAMES C. DAVIS.	OLIVER W. PEABODY.
Mrs. JAMES C. DAVIS.	ARTHUR P. PERRY.
JAMES H. DENNY.	Mrs. FRANCIS A. PETERS.
ARTHUR DEXTER.	WILLIAM L. RICHARDSON.
CHARLES F. DOLE.	Miss EMMA RODMAN.
Mrs. CHARLES F. DOLE.	JOSHUA M. SEARS.
ROBERT T. EDES.	Mrs. THOMAS SHERWIN.
AMORY ELIOT.	Miss MARY SIMPKINS.
SAMUEL ELIOT.	Mrs. RICHARD S. STEARNS.
Mrs. SAMUEL ELIOT.	SOLOMON B. STEBBINS.
Mrs. GEORGE A. O. ERNST.	JOSEPH STEDMAN.
HAROLD C. ERNST.	JAMES B. THAYER.
Mrs. HAROLD C. ERNST.	HENRY P. WALCOTT.
CHARLES FAIRCHILD.	SAMUEL G. WEBBER.
HORATIO J. GILBERT.	A. DAVIS WELD.
CHARLES S. GILL.	Mrs. A. DAVIS WELD.
Mrs. CHARLES S. GILL.	Mrs. FRANCIS M. WELD.
GEORGE A. GODDARD.	Miss L. P. WENDELL.
Miss FRANCES GOODWIN.	HENRY WHITMAN.
SAMUEL A. GREEN.	GEORGE WIGGLESWORTH.
Miss EMILY GREENE.	MOSES WILLIAMS.
Mrs. DAVID S. GREENOUGH.	ROGER WOLCOTT.
HENRY S. GREW.	HENRY WOODS.



